

CACHE MEMBERSHIP POLICIES

Associate Member

For non-practicing hypnotherapists or therapists certified in other modalities who use, or are interested in using, hypnotherapy to enhance their work.

Student Membership

Applicants must provide proof of current enrolment in an accredited hypnotherapy program.

Upon graduation, student members can remain at the student level membership until renewal.

Upon renewal, certified members must upgrade to the RCH membership level with proof of successful graduation.

Registered Clinical Hypnotherapist

Proof of 150 classroom hours 50 hours of supervised practicum.

Applicants must provide proof of successful examination, supervised practicum hours, copy of vulnerable sector check and insurance.

If your training was not from a CACHE-accredited school, you will be asked to submit documentation detailing curriculum, classroom hours, practicum hours plus proof of successful examination.

You will be contacted to discuss options should you require additional training to fill in any knowledge gaps.

Registered Counselling Clinical Hypnotherapist

Proof of 300 classroom hours 100 hours of supervised practicum.

This credential level can be done in two parts by first completing the RCH level (150 classroom hours 50 practicum hours).

You may practice professionally as an RCH while you complete the second level (an additional 150 hours 50 practicum hours), for a TOTAL of 300 hours classroom learning plus 100 hours of supervised practicum.

Applicant must provide proof of successful examination, supervised practicum hours, copy of vulnerable sector check and insurance.

If your training was not from a CACHE-accredited school, you will be asked to submit documentation detailing curriculum plus proof of successful examination.

You will be contacted to discuss options should you require additional training to fill in any knowledge gaps.

Registered Clinical Hypnotherapist Peer Support Supervisor

Applicants for Supervisor will be evaluated **by the Board** on a case by case basis, based on training, qualifications, and experience.

To be a Supervisor, a person must meet the following criteria:

- be a registered hypnotherapist with a minimum of 3 years hypnotherapy experience, or be an accredited counselor with 1 year of hypnotherapy experience,
- must be a member of a **Canadian hypnotherapy or mental health** professional association.

All supervisors will watch the PESI Clinical Supervision video.

CACHE will establish a list of hypnotherapists available as 1:1 supervisors.

The role of Supervisors will be to provide direction to members regarding client issues, business practice, ethical issues, and to address comments, questions and concerns.

Supervisors will be watchful for and supportive of personal issues of the hypnotherapist, helping them to identify and address personal triggers should they arise in the course of their practice.

MEMBERSHIP POLICY

1. With the exception of the Associate and Student membership categories, applicants for membership to CACHE shall be required to provide;

- proof of successful completion of an approved hypnotherapy training program, including hours of training, hours of directly supervised practicum, and proof of successful examination,
- proof of additional training and requirements for the Specialist and Supervisor categories,
- proof of current liability insurance within 1 month of registration,
- a criminal record check with vulnerable sector upon registration and every 5 years thereafter and
- agreement to operate within the CACHE Ethics policies.

2. If training was not from a CACHE accredited school, applicants will be asked to submit documentation detailing curriculum and scope of examination from their training institute, as well as successfully complete a CACHE entrance exam. The completed exam must meet established criteria for approval. Should the applicant be unsuccessful in the first taking of the exam, provided they have demonstrated a basic understanding of hypnotherapy, they will be supplied with remedial material focusing on the area requiring improvement at a reasonable cost. They will then have 60 days to retake the exam.

If, on the second taking of the exam, it is determined that the exam still does not successfully meet CACHE criteria, the candidate's application will be reviewed by the Board on a case by case basis to determine eligibility for membership. The exam will be adjudicated by an ad hoc committee of 2 CACHE members and 1 member of the Board.

3. For continuing membership, each member will be required to submit documentation annually of ongoing supervision and continuing education, as well as proof of current insurance.

Supervision – 10 hours per year of supervision is required. Supervision must be comprised of a variety of the following;

- attendance at check-ins,
- masterminds,
- working with an approved qualified mentor with a minimum of 5 years experience, or a counselling degree with 3 years counselling experience.

Continuing Education – 10 hours per year of continuing education is required and may be comprised of the following:

- reading field related books (20 pages equals 1 hour),
- field related videos,
- attendance at courses, either in person or on-line,
- approved facilitated workshops
- CACHE Book Club or other approved study group or book club

4. Membership shall be renewed annually. Members will be sent a notice of reminder for renewal. If membership is not paid, they will receive a second notification advising them of possible termination of membership benefits. If membership has not been paid after 2 months from date of renewal, membership shall be terminated. Late payments will be applied retroactive to the most recent expiry date.

4. a) Membership fees are non-refundable except in the case of extenuating circumstances which will be evaluated by the Board on a case by case basis.

4. b) Effective 1 January 2021, CACHE will audit at least 5 members per calendar year to show proof of meeting Supervision and Continuing Education requirements. Attendance at Supervisions will be tracked by the Supervisors. If Supervision requirements are not met for 2020, members will have 3 months in 2021 to make up the missing supervision hours.

5. CACHE will provide CACHE members with a CACHE logo that may be used in display or advertising materials, or on websites. This logo may be displayed provided the member is in good standing.